Plants can provide food, shelter, clothing, or medicine. What is one kind of plant that is important to you or the people in your country? Use specific reasons and details to explain your choice.

Plants play a very important role in our everyday life. They give us oxygen, provide with medicine, clothing and food. Every country has its own staple food that dominates in the diet of dwellers of that country. For example, the staple food for Japan and Korea is rice. As for me, I am from Russia. I believe that our staple plants are potato and wheat.

Some people believe that wheat is the most important plant because it provides full and nutritious meal. People bake bread and cookies, cook kasha and soup. At old times people in Russia raised wheat and prayed for the good harvest in order to survive. Millet has a good storage time so it gives the opportunity to consume it a whole year.

However, nowadays bread is no longer of that importance. A person has more products to choose from. Besides, some people tend to exclude bread from their diet in order to decrease the amount of daily calories and lose some weight. Personally, I think that potato is more important plant then wheat. Virtually, every Russian has potato every day at least once. One can boil, fry, bake or mash it. My favorite meal is baked potato with cheese and a glass of milk. I think it is delicious and it does not take much time to cook it. Moreover, potato is easier to raise and store.

To summarize, I think that potato by far is the most important plant in Russia.